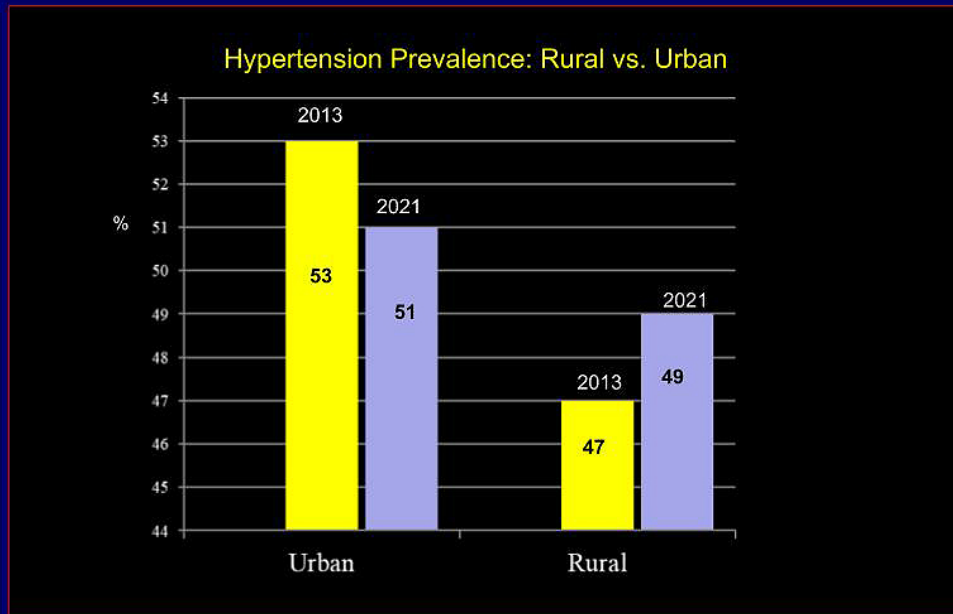


## Supplementary Material

### Hypertension Prevalence (2013, 2021) among rural and urban population



Supplementary Figure 1: Comparison of hypertension prevalence in urban and rural areas in 2013 and 2021. Source: Sison et al. 2021<sup>15</sup>

	Total	Hypertensive	Non-hypertensive	Male	Female
Base-effective total interviews	2796	1038	1758	1399	1398
Mean left arm circumference (cm)	29.8	30.8	29.1	30.3	29.3
Mean Body Mass Index (BMI)	25	26.4	24.2	24.7	25.4
% BMI					
<23	37%	24%	45%	38%	36%
23-24	17%	17%	16%	17%	17%
25-29	32%	37%	28%	32%	31%
30+	15%	21%	11%	13%	17%
Mean waist circumference (cm)	85.2	90.0	82.3	85.7	84.6
Central obesity	588	335	253	122	466
%	21%	32%	14%	9%	33%

Supplementary Table 1: Anthropometric profile of hypertensive and non-hypertensive population.